

College of Public Health & Health Professions
Department of Physical Therapy
PHT 6504 Health Promotion and Wellness III
Spring 2014

Course description: This course is designed to integrate the concepts of culturally competent PT services for prevention, health promotion, fitness and wellness to individuals, groups and the community. The course will reinforce concepts learned in Health Promotion I and II and provide an opportunity for assessing results of community projects. Students will have an opportunity to explore internal biases to disability that may exist in each of us.

Course prerequisites: Course participation is limited to entry-level DPT student in their final year of the UF PT Program who have completed both HPW I, HPW II, and four full time clinical internships.

Credit hours: 1 credit

Course instructor(s): TBA

Clock hours: Approximately 3 hours of classroom activities/week

Class time: Wednesdays 9:00 am to Noon (or as noted below) HPNP room G312

Office hours: By appointment

Course Objectives:

Upon conclusion of PHT 6504 the student will be able to:

1. Demonstrate the ability to work efficiently and competently as a health team to provide a service to a defined community group.
2. Provide culturally competent physical therapy services for prevention, health promotion, fitness, and wellness to individuals, groups, and communities.
3. Promote health and quality of life by providing information on health promotion, fitness, wellness, disease, impairment, functional limitation, disability, and health risks related to age, gender, culture, and lifestyle within the scope of physical therapy practice.
4. Provide consultation within boundaries of expertise to businesses, schools, government, agencies, other organizations, and individuals.
5. Advocate for the health and wellness needs of society
6. Participate and demonstrate leadership in community organizations and volunteer service.
7. Effectively educate others using culturally appropriate teaching methods that are commensurate with the needs of the learner

Resources

- HPW I and II course materials
- Course Web Page: Sakai HPW III Spring 2014
- APTA website

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Course schedule

Week	Date/time	Topic	Assignments
<u>1</u>	<u>3/12/14</u> <u>1:55 pm</u> <u>to 3:50</u> <u>pm</u>	<u>Orientation</u>	<u>Project Implicit DUE</u> <u>3/12/14 5:00 pm</u>
<u>2</u>	<u>3/19/14</u> <u>9:00 am</u> <u>to Noon</u>	<u>Small Group meetings-REACH project presentation</u> <u>prep</u>	<u>REACH Project</u> <u>Narrative DUE 3/24/14</u> <u>10:00 pm</u>
<u>3</u>	<u>3/26/14</u> <u>8:00 am</u> <u>to Noon</u>	<u>NPTE Practice Exam testing Center CG-28</u>	
<u>4</u>	<u>4/2/14</u> <u>9:00 am</u> <u>to Noon</u>	<u>Small Group Meetings-Community Action and</u> <u>Advocacy</u>	<u>Culturally Relevant</u> <u>Community Action</u> <u>and Advocacy</u> <u>Resource Guide DUE</u> <u>4/8/14 8:00 A.M.</u>
<u>5</u>	<u>4/9/14</u> <u>9:00 am</u> <u>to Noon</u>	<u>Community Action and Advocacy Presentations</u>	<u>REACH presentation</u> <u>DUE 4/10/14 8:00 AM</u>
<u>6</u>	<u>4/16/14</u> <u>9:00 am</u> <u>to Noon</u>	<u>REACH Project Presentations</u>	

GRADING:

REACH Presentation	60 pts.	30%	
Narrative of REACH PROJECT	60 pts.	30%	
Community Action and Advocacy	20 pts.	10%	
Community Projects Participation	40 pts.	20%	
Project Implicit	20 pts.	10%	
Total	200	100%	

Grading Scale:

93-100	A
90-92	A-
87-89	B+
83-86	B
80-82	B-
70-79	C
60-69	D
<60	E

Academic Honesty: Per the University of Florida Department of Physical Therapy student handbook, students are required to abide by the UF Academic Honesty Guidelines. Cheating, lying, misrepresentation, or plagiarism in any form is unacceptable and inexcusable behavior. The following pledge has been accepted by the University and is expected of all students:

“I understand that the University of Florida expects its students to be honest in all of their

academic work. I agree to adhere to this commitment to academic honesty and understand that my failure to comply with this commitment may result in disciplinary action, up to and including expulsion from the University.”

We, the members of the University of Florida community, pledge to hold ourselves and our peers to the highest standards of honesty and integrity. The following pledge is implied on all work submitted for credit by UF students and is required on case study assignments.

“On my honor, I have neither given nor received unauthorized aid in doing this assignment.”

Accommodations for Students with Disabilities: Students requesting classroom accommodations must first register with the Dean of Students Office. The Dean of Students Office will provide documentation to the student who must then provide the documentation to the course instructor when requesting accommodation.

Counseling and Student Health: Students may occasionally have personal issues that arise in the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the UF Counseling & Wellness Center, 352-392-1575. Visit their web site for more information: <http://www.counseling.ufl.edu/>

The Student Health Care Center at Shands is a satellite clinic of the main Student Health Care Center located on Fletcher Drive on campus. Student Health at Shands offers a variety of clinical services, including primary care, women's health care, immunizations, mental health care, and pharmacy services. The clinic is located on the second floor of the Dental Tower in the Health Science Center. For more information, contact the clinic at 392-0627 or check out the web site at: www.health.ufl.edu/shcc

Crisis intervention is available 24/7 from:

Alachua County Crisis Center:

(352) 264-6789

<http://www.alachuacounty.us/DEPTS/CSS/CRISISCENTER/Pages/CrisisCenter.aspx>

Class Demeanor Expected by the Professor (late to class, cell phones, lap tops): Students are expected to come to class prepared to participate in discussions and lab activities. Students who arrive late to class should wait until a break to enter the classroom. Cell phones should not be used during class unless permission has been granted by an instructor. If a cell phone rings during lecture, the cell phone may be taken away until the end of class (at the instructor’s discretion). Lap tops may be used during lecture to take notes, but any other activity will result in the lap top being taken away until the end of the class, and more than one violation will result in lap top use being prohibited during class.